

Annual Reports



2021-2022

ANNUAL REPORT

Our Mission

Dedicated to serving our community by providing Help, Hope, & Healing through comprehensive & quality services.



Brief History of the Organization

Young House Family Services was founded in 1971 and has facilities in Burlington and Mt. Pleasant. A variety of programs are provided throughout southeast Iowa, serving youth and families. The modality of our programs nurtures each child's potential to succeed, and each family's ability to heal. Services are designed to provide an appropriate level and intensity of support and treatment; recognize individual and family values and goals; and return the youth to their home as quickly as possible. Young House Family Services has a reputation for delivering high quality, effective services that help families achieve safety, permanency, and well-being. A rich history of community collaboration, earned by establishing and maintaining professional relationships with other agencies and organizations has been developed and cultivated. Young House Family Services is accredited by the Council on Accreditation (COA), a non-profit accreditor that offers an external validation of organization practices and procedures.

EXECUTIVE DIRECTOR

Eric Schilling

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A Letter From The Executive Director YOUNG HOUSE FAMILY SERVICES: MOVING FORWARD



Throughout 2022, Young House Family Services continued its over 50-year commitment to serving the families of Southeast Iowa. Our team remained dedicated to providing in-home behavioral health services, youth residential care, access to care programs, and many others, with the goal of strengthening family resilience. We are blessed to have such an amazing group of passionate and caring professionals ready to meet the ever-increasing need for assistance.

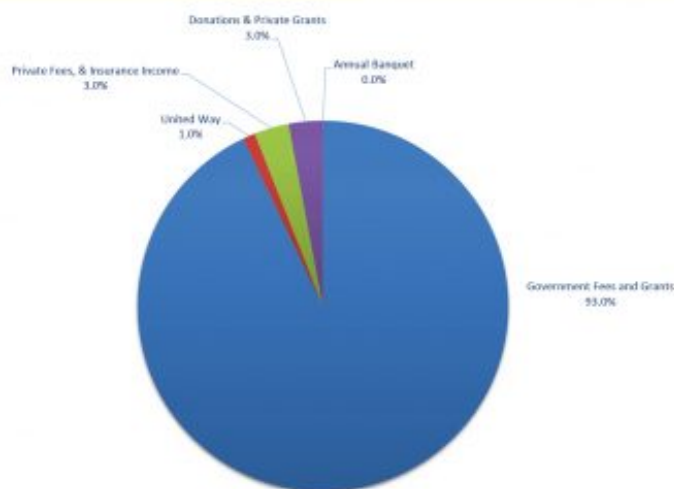
The behavioral and mental health landscape remains complex and ever changing. We continue to align our services with the 2018 Family First Preservation Services Act (FFPSA). The

FFPSA marked a significant shift in the child welfare system. It renewed efforts to keep families together and avoid out-of-home placements with an emphasis on increasing access to and the delivery of in-home services. To make the best use of available resources, it was determined that there was a need to re-orient our strategic vision to posture us to meet emerging needs and system wide changes.

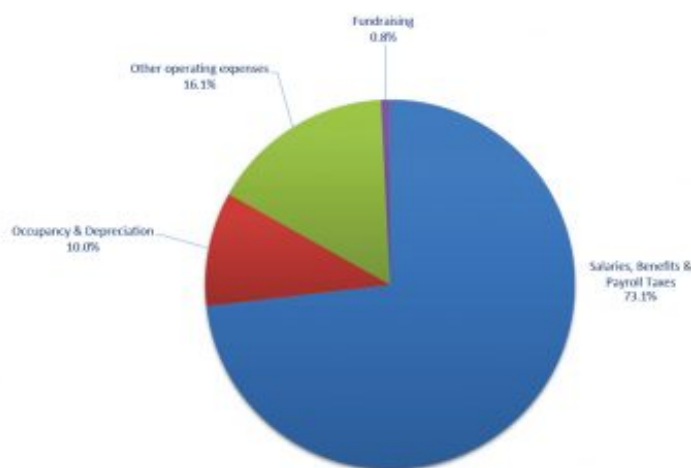
Applying the lessons learned related to shifting workforce and service delivery models resulting from the pandemic years, there was no longer a need to expend resources for the operation of multiple office locations. In view of this, the YHFS Board of Director's approved a plan that included the relocation of our administrative operations to our former Day Treatment facility south of Burlington. We completed the move in October.

As a part of the broader initiative, we are excited for the opportunity to shift our residential operations from the Christamore Family Treatment Center (CFTC) located in Mt. Pleasant to the Young House Family Treatment Center (YHFTC). The projected spring 2023 opening of the YHFTC will utilize our former 12-acre Woodland's facility. We believe that we will become a premiere program in support of assisting youth to overcome the challenges in their life and return to their families.

We remain grateful for all the support you've provided us along the way. Our goal is to continue providing services that offer help, hope and healing to families throughout the community.



TOTAL REVENUE & SUPPORT



TOTAL EXPENSES FY 2021-2022

FROM ADDICTION TO RECOVERY

The following is an excerpt of a success story received by Young House Family Services

In Iowa, there were over 9,500 children in foster care, in 2019, with approximately 400-500 of them turning 18 and aging out of the foster care system each year. Angelina is one of those youths.

Angelina grew up in Southeast Iowa and started doing drugs at an early age. In March 2022, she became very distraught and agitated and was placed in a psychiatric ward. Angelina says while in the ward, she became sober for the first time in a long time. At that point, the Iowa Department of Health and Human Services (DHHS) became involved in her life. When she was dismissed from the psychiatric ward, Angelina went on the run to avoid DHHS and the rules she was supposed to be following. She stayed on the run almost two months and when she was caught, DHHS placed her in a shelter. She was only in the shelter for a couple of days when she ran again. This time she was on the run for a couple of weeks until she was caught and this time, she was sent to Four Oaks in Cedar Rapids. After receiving treatment, she was discharged to her grandparents.



Angelina shared when she was with her grandparents, she still wanted to do drugs and did not want to follow their rules. She said they wanted to push her to be better and someone she was not ready to be yet. She really appreciated her grandparents for taking care of her but decided to leave their home and run again so she could do drugs. This time she was gone for two months until she was picked up by the Burlington Police Department. Angelina said she told the police she had been doing drugs when they asked her, so they told her they were sending her to a safe place.

Angelina was sent to Young House Family Service's qualified residential treatment, called Christamore, in Mt. Pleasant. After placement, she was taken to a court hearing where the Judge ordered her to attend substance abuse treatment. After being discharged from the rehabilitation facility, she was returned to Christamore.

Angelina believes Young House helped her by pushing her into substance abuse services, which she did not want to do. "I always talked about what I could and couldn't do and that I wasn't ready for the big change. They were there to help me. I wasn't ready to change and then a light switch flipped on, and I don't want to be labeled as a junkie and a no-good person. I want a better life."

Angelina is proud to say, "I am now able to do weekend visits because my worker trusts me not to run. I have been able to get my ID and be a successful young adult. I am going to Southeastern Community College for the GED program and following up with Aftercare services through Young House because I will be 18 and am aging out of Christamore. As of today, I am 120 days sober!!"

The Aftercare program supports youth who have aged out of foster care or another out-of-home placement. The main goal of the Aftercare program is to empower and equip young adults for successful, self-sufficient living. Aftercare provides essential support, encouragement and guidance as young people navigate their independence and new adult responsibilities. To ease the transition from foster care to adulthood, Aftercare connects young people with key resources including safe housing, financial literacy and budgeting, higher education and job training, employment, healthcare and medical resources, relationships and communication, and life skills. Some Aftercare participants also qualify for a monthly financial assistance stipend to help cover basic needs like groceries, rent, gas, tuition, and other bills. Pre-Aftercare starts working with youth as early as age 17, to begin exploring Aftercare services and plan for the transition to adulthood.

"My Young House caseworker is helping me look for jobs, apply for apartments, helping me contact people I need to, and get my GED started. My future plans are participating in Aftercare services provided by Young House, getting my GED, a job, and being a good adult. I will be attending intensive outpatient substance abuse treatment, also. I like to help kids and animals, I love to sing and roller skate, hang out with my friends and be with my family. I am planning to stay sober and be able to follow my dreams, said Angelina."

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ACCREDITED BY COUNCIL ON ACCREDITATION (COA)

- Mental Health Therapy for Adults & Youth
- Behavioral Health Intervention Services
- Brief Intensive Services
- Pediatric Integrated Health Program
- Qualified Residential Treatment Program (Christamore Family Treatment Center)
- Child Welfare Emergency Services – Diversion & Shelter Beds
- After Care Services & Preparation for Adult Living
- Achieving Maximum Potential
- Juvenile Court Services:
 - Youth Monitoring & Outreach
 - Enhanced Outreach
 - Day Treatment
 - Community Service

FIND US ONLINE!
WWW.YOUNGHOUSE.ORG

We've moved!

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