



Young House

BEHAVIORAL HEALTH

Southeast Iowa's choice for comprehensive behavioral health services

ANNUAL REPORT

2024-2025

Our Mission

Dedicated to serving our community by providing Help, Hope, & Healing through comprehensive & quality services.

A LETTER FROM THE EXECUTIVE DIRECTOR

Dear Friends and Supporters,

This past year has been one of growth, transformation, and renewed commitment to our mission. At Young House, we have taken meaningful steps to ensure that our services remain responsive to the evolving needs of children, families, and individuals across Southeast Iowa.

A major shift has been our transition from primarily contract-based services to a provider-centric model of care. This change allows us to place a stronger focus on the heart of our work: delivering high-quality, individualized therapies that support healing, resilience, and long-term wellness.

In addition to expanding individual and family therapy, we have strengthened our commitment to addressing substance use disorder (SUD) treatment. The need for accessible, compassionate care in this area continues to grow, and we are proud to offer a continuum of services that give individuals a path toward recovery and hope.

Recognizing the importance of integrating mental and physical health, we also welcomed a Psychiatric Mental Health Nurse Practitioner (PMHNP) to our team. This role enhances our capacity to provide higher-level assessments, treatment planning, and medication management. By offering this expanded level of care, we are better positioned to meet the complex needs of those we serve.

Another milestone was our successful application for a DBA name change from Young House Family Services to Young House Behavioral Health. While our legal identity remains unchanged, this new name better reflects who we are today, a modern, clinically focused behavioral health provider committed to serving our community.

We are deeply grateful to our staff, board members, partners, and supporters who make this work possible. Together, we are ensuring that Young House continues to be a place where hope is restored and lives are changed.

With gratitude,

Eric Schilling
Executive Director, Young House Behavioral Health

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Lars Rude, Caseworker
Mary Campbell, Caseworker

Brief History of the Organization

Young House Family Services was founded in 1971. In 2025, the organization added DBA Young House Behavioral Health to reflect the current services offered. Young House Behavioral Health offers a variety of programs throughout southeast Iowa, serving youth and families. Young House is accredited by the Council on Accreditation of Services for Families and Children (COA), which is an external validation of organization practices and procedures. The current services offered by Young House Behavioral Health are:

Mental Health Therapy for Adults and Youth
Circle of Security Parenting Group
Psychiatric Mental Health Nurse Practitioner

Substance Use Disorder
Behavioral Health Intervention Services
Restitution/Community Service

SUCCESS STORIES

From Sarah Schaefer JCO III

Great day Rita and Trevor!

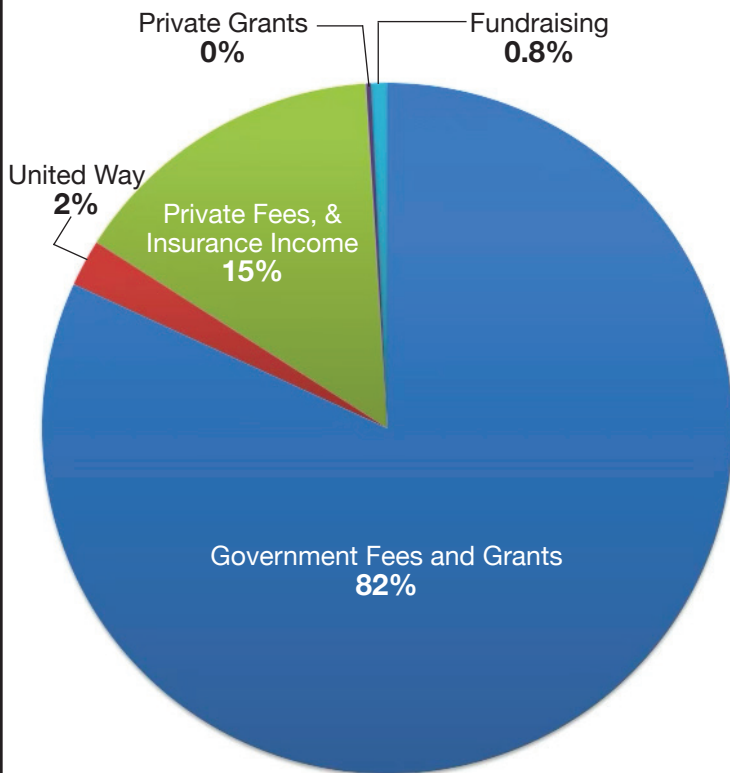
X had his last court hearing today and he was dismissed from JCS (Juvenile Court Services) supervision. Yeah!!! I want to thank both of you for all the help you did with X and his family. This was a tough case and JCS could not have done this alone – so BIG thank you to both of you.



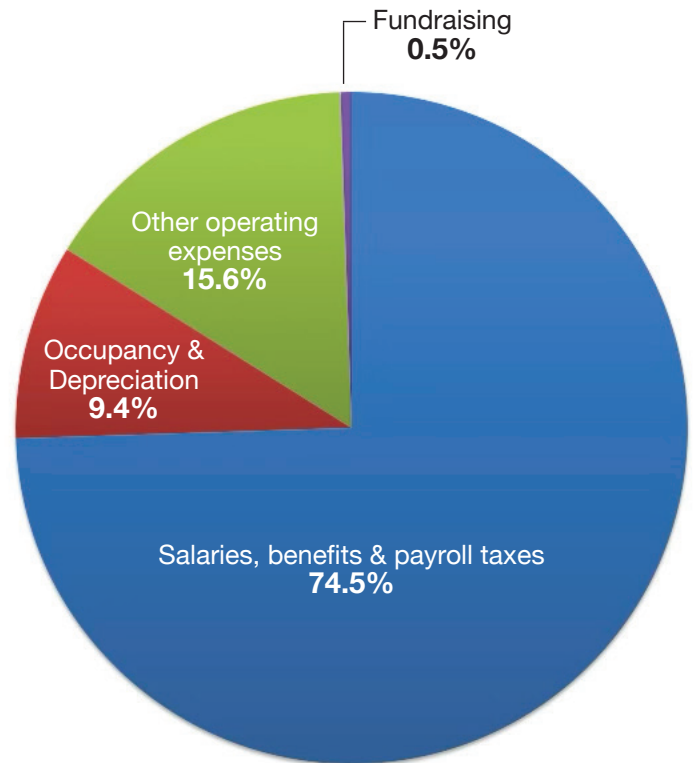
Circle of Security Parenting Group

After attending a Circle of Security class, four parents were reunified with their children and two of the families continued with individual therapy for their children and began their own individual therapy with Young House.

OPERATING REVENUE



OPERATING EXPENSES



WITH GRATITUDE DONORS & PRIVATE GRANTS

Anderson, Tricia
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Thank You